

INDIA: WHISPERS OF THE HOLY RIVER

28 FEBRUARY – 11 MARCH 2027

MANDALI SACRED JOURNEYS



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THE JOURNEY

There are places in the world that do not simply welcome you - they mirror something essential within you. India is one of those places.

Mandali Sacred Journeys is a new chapter in our life as a community - a long-term project born from a deep commitment to these traditions. We begin in India, and from here, over the years, we will travel together to other sacred lands, tracing the living roots of what we practice and share.

A Journey Held by Practice

These journeys are an invitation to travel differently. To move in an intimate, held group. To approach sacred places with respect, curiosity, and openness. And to experience India not as something to "see," but as a place to meet yourself - through daily practice, teachings, insights shared along the way, and whenever possible - encounters with local teachers who carry these traditions in their living form.

Guided by long-standing relationships, deep experience, and a shared love for these traditions, we journey together into the living heart of this culture: supported, accompanied, and immersed.

The Journey

This 12-day journey is a gentle immersion into India's magic, unfolding between Delhi, Rishikesh, Agra, and Bharatpur. We begin in Delhi, gathering as a group before travelling north toward Rishikesh, at the foothills of the Himalayas, where the Ganges flows revered as Mother Ganga, a living symbol of purification and renewal.

Our home for the majority of the journey is a quiet hillside retreat above the river, where days are shaped by a natural rhythm: practice, rest, exploration, and time simply to be.

From this base, we explore the surrounding region: sacred sites, temples, riverbanks, and the vibrant spiritual atmosphere of Rishikesh itself.

The journey then continues toward Agra and the Taj Mahal, before moving through Fatehpur Sikri and the natural sanctuary of Bharatpur, each place offering a different window into India's vast cultural and spiritual landscape.

On our return to Delhi, we may pause in Vrindavan, a living center of religious devotion which can still be felt in daily life.



A Living Retreat Experience

This is not only a retreat, it's a living journey. Each day unfolds in response to the place, the climate, and the moment, allowing space for spontaneity, celebration, and integration.

Yoga and meditation practices will weave through the experience, held by a Mandali teacher accompanying the group, and enriched where possible by collaborations with local teachers. There will be time to walk, to sit by the river, to visit temples, to witness rituals such as the Ganga Aarti in Rishikesh. We will also get the chance to visit a well-known tiger reserve outside of the city.

The Place We Stay

Our home in Rishikesh is Vileen, a peaceful retreat nestled high above the Ganges, 35 kilometers north of town. Surrounded by forest and overlooking the river, it offers a rare sense of quiet and space. From here, it's possible to walk down to a secluded beach, to sit close to the water, and to experience the Ganga in a more intimate way.

The architecture follows the natural slope of the land, opening onto expansive views and a feeling of being held within the landscape itself.

Guidance Along the Way

This retreat is held by Daniele Rabozzi, who has been traveling, and at times living, in India for over 40 years, and teaching yoga for more than 35. A teacher at Mandali since its very beginning, Daniele brings not only experience, but a deep, personal relationship with the places we will visit. He will accompany the group throughout the entire journey, offering daily practices, as well as insights that come from decades of returning, listening, and learning from this land.

This tour is operated by Amitaba Viaggi*, a milan-based operator, whose local representative will accompany the group throughout the entire journey.

Why This Journey

For many, India lives as an important calling - a place felt from afar, yet not always easy to approach. This journey is created for those who feel that call, but wish to enter it in a supported and smooth way.

It is an opportunity to:

- Connect with the origins of the practices we share at Mandali
- Experience sacred places with context and care
- Travel in a way that is both immersive and grounded
- Meet India - and oneself - with openness

In this sense, Mandali Sacred Journeys is not separate from Mandali, but an extension of it - a movement from the space we hold here, back to the source from which it was born.



DAILY ITINERARY

DELHI – RISHIKESH – AGRA – BHARATPUR – DELHI

SUNDAY 28 FEBRUARY (DAY 1)

Europe → Delhi

- Flights from European cities to Delhi. Some flights might be leaving on Saturday 27 February and arrive on Sunday 28 February.
- Overnight at [The Imperial New Delhi](#) - transfers from the airport to the hotel can be arranged with our travel agent - please see FAQs.

MONDAY 1 MARCH (DAY 2)

Delhi → Rishikesh (by bus)

- After breakfast, check-out and proceed for a half-day visit to Old Delhi.
- Delhi, India's vibrant capital, weaves together ancient history and modern life — from Mughal-era monuments to bustling bazaars, reflecting centuries of culture within a fast-evolving metropolis.
- After lunch at a local restaurant, transfer by bus to Rishikesh (approx. 276 km, 6 hours).
- Alive throughout the year, Rishikesh draws pilgrims, sadhus, yoga students, and spiritual seekers to its ashrams and the sacred Ganges.
- Overnight at [Vileen](#) Rishikesh
- Programs in Rishikesh may vary depending on weather, local festivals, road conditions, and other factors.

TUESDAY 2 MARCH (DAY 3)

Rishikesh

- Before breakfast: meditation practice.
- Morning: rest and yoga and meditation practice.
- Lunch at Vileen.
- Afternoon: walk down to the Ganga - yoga and meditation practice.



DAILY ITINERARY

WEDNESDAY 3 MARCH (DAY 4)

Rishikesh

- Before breakfast: meditation practice.
- Morning: drive to Rishikesh town and walk from Laxhman Jhula bridge to Ram Jhula bridge.
- Lunch at Ganga Kinare Riverside.
- Afternoon: practice and dialogue with a local teacher at Ganga Kinare Riverside Hotel, after the practice walk along the Ganga to Triveni Ghat to attend Ganga Aarti.

THURSDAY 4 MARCH (DAY 5)

Rishikesh

- Before breakfast: meditation practice.
- Morning: drive to Devprayag Sangam, where the turbulent Alaknanda meets the emerald Bhagirathi at Devprayag, the two rivers unite to become the mighty Ganges - lunch at Vileen.
- Afternoon: yoga and meditation practice.

FRIDAY 5 MARCH (DAY 6)

Rishikesh

- Before breakfast: meditation practice.
- Morning: practice and dialogue with a local teacher at Vileen.
- Lunch at Vileen.
- Afternoon: drive to Haridwar, climb Neel Parvat Hill and visit Chamdi Devi Temple and then attend Ganga Aarti at Har Ki Pauri ghat.



DAILY ITINERARY

SATURDAY 6 MARCH (DAY 7)

Rishikesh

- Before breakfast: meditation practice.
- Drive to Rishikesh town to take lunch at Varr restaurant.
- Afternoon: practice and dialogue with a local teacher at Ganga Kinare Hotel.

SUNDAY 7 MARCH (DAY 8)

Rishikesh

- Before breakfast: meditation practice.
- Morning: drive to Kaudiyala (10 km away from Vileen) to start Gartang Gali trek (5 km walk).
- Afternoon: free time and yoga/meditation practice.

MONDAY 8 MARCH (DAY 9)

Rishikesh → Agra (by Bus)

- Early breakfast followed by transfer to Agra (approx. 420 km, 8 hours), with lunch en route.
- Overnight at Grand Mercure Agra.



DAILY ITINERARY

TUESDAY 9 MARCH (DAY 10)

Agra → Fatehpur Sikri → Bharatpur

- After breakfast, half-day exploration of Agra.
- The tour begins with the **Taj Mahal**, ideally at sunrise, when the marble is soft in light and the atmosphere still quiet. This is followed by a visit to Agra Fort, with its grand halls and views over the Yamuna River.
- After lunch, transfer by coach to Bharatpur (approx. 57 km, 1h20), with a visit en route to Fatehpur Sikri — a beautifully preserved Mughal capital, where red sandstone palaces and courtyards feel suspended in time.
- Overnight at Laxmi Vilas Palace Bharatpur.

WEDNESDAY 10 MARCH (DAY 11)

Bharatpur → Vrindavan → Delhi

- Early morning visit to Keoladeo National Park (Bharatpur Bird Sanctuary), a UNESCO World Heritage Site.
- Exploring by cycle rickshaw or on foot, the park offers a peaceful encounter with a rich diversity of resident and migratory birds — a beautiful contrast to the grandeur of the Mughal cities.
- Return to the hotel for breakfast, then transfer to Delhi (approx. 200 km, 4 hours), with a possible stop in Vrindavan — a sacred town associated with the life of Krishna and a living center of devotion.
- Overnight at Radisson Blu Plaza Delhi Airport.
- (Depending on flight times, some participants may depart for Europe in the evening or during the night.)

THURSDAY 11 MARCH (DAY 12)

Delhi → Europe

- Return flights from Delhi to European cities.



PRICING

PRICE (PER PERSON) BASED ON DOUBLE-ROOM

ACCOMMODATION: € 3800

(SINGLE-ROOM SUPPLEMENT: € 600)

What is included:

- Hotel accommodation as per itinerary
- Private bus service included for the duration of the tour
- All meals included throughout the itinerary.
- Services of a professional English-speaking guide for the entire duration
- Mandali yoga teacher for yoga and meditation practices + 3 yoga and philosophy classes guided by an Indian local teacher
- Taxes, entrance fees in Delhi Jama Masjid, Agra, Bharatpur Bird Sanctuary
- Travel insurance coverage (click to view policy details)
- Rickshaw ride in Old Delhi and Bharatpur Bird Sanctuary
- Complimentary bottled water available during tours and transfers

What is not included:

- International flights
- Indian visa
- Single room supplement
- Should the group choose to use the cable car in Haridwar on Friday the 5th, fees will be extra
- Beverages, laundry, personal expenses
- Tips (a shared fund during the trip is advisable)
- Entrance tickets for cameras, wherever required
- Everything not mentioned in “what is included”



ADDITIONAL INFO

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Exchange Rate Reference

The tour price has been calculated based on the euro–Indian rupee exchange rate published by the Bank of Italy on 19 June 2026: EUR 1 = INR 108.1765. This exchange rate was valid at the time the tour programme was published.

Insurance

The regulations (General Conditions and insurance policies) can be viewed on the Amitaba website: <https://amitaba.net/assicurazioni-di-viaggio/>

Trip Extension

Travelers who wish to extend their stay in India may either depart earlier (and then meeting the group in Delhi) or continue their journey after the group has left India. Any extension can be arranged independently or planned and booked through Amitaba Travel Agency.

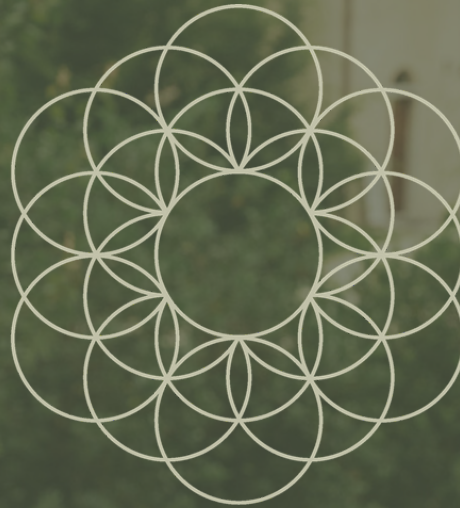
Flights

Upon request, Amitaba can arrange flight bookings for travelers. However, there is no obligation to use this service, and those who prefer are welcome to purchase their flights independently. This also allows travelers to take advantage of loyalty points, discounts, and/or special fares whenever available.

Meeting in Delhi

Please inform Amitaba Viaggi of your arrival time in Delhi so they can arrange your airport transfer to the hotel upon arrival and your return transfer from the hotel to the airport .

Our ideal meeting time is at 18:30 at the lobby of the hotel. Please inform Amitaba if your flight arrival time is past 16:30 or if you know you can't make it by that time.



MANDALI

RETREAT CENTRE